

# NUOVO

“A Fresh new taste”

A fusion of finest Italian cuisine in contemporary surroundings

Telephone 020 8532 2828

88-90 High Road, South Woodford, London, E18 2NA

Telephone 020 8504 2299

79 Queens Road, Buckhurst Hill, Essex IG9 5BW

## PANE

- AGLIO ..... £3.95  
Basket of homemade garlic and rosemary bread
- Selected Italian Olives..... £2.45

## PRIMI

- MINISTRONE SOUP Di Casa ..... £4.50
- INSALATA PARMIGIANO ..... £6.95  
Rocket leaves, tomato, avocado, wild mushrooms, parmesan and croutons tossed in honey mustard dressing.
- ANTIPASTO La Casa ..... £7.75  
Antipasto of Speck, Parma ham and Napoli salami with buffalo mozzarella, vine ripened tomatoes and olives.
- GAMBERONI ..... £8.95 / £18.95  
Char grilled Mediterranean butterflied king prawns with garlic, white wine, chilli, lemon, parsley and extra virgin olive oil.
- CALAMARI FRITTI ..... £5.95  
Baby squid dusted with seasoned flour, deep-fried and served with a lime and dill dip.
- CROSTINI AL TONNO ..... £5.75  
Tuna mixed with celery, red onions cannellini beans and mayonnaise, drizzled with lemon oil on grilled ciabatta.
- INSALATA PESCE ..... £7.50  
Crayfish, smoked salmon, rocket, cherry tomatoes, cucumber and red onion with mandarin dressing.
- MUSHROOMS AL FORNO ..... £6.95  
Baked mushrooms stuffed with parmesan, garlic, onion and breadcrumbs.
- FORMAGGIOSO.....£6.75  
Deep fried Brie in breadcrumbs, served on a bed of continental salad accompanied with cranberry sauce.
- VOLARE .....£5.75  
Traditional tender chicken wings in chef's Tuscany sauce
- SAPORE DI MARE..... £6.95  
Timbale of prawns in chef's special Mary Rose Sauce
- INSALATA TRICOLORE ..... £6.95  
Mozzarella, avocado and tomato salad
- WHITE BAIT ..... £5.50

## PIZZA

*"From our traditional Italian oven"  
(Extra toppings from £1.00)*

- MARGHERITA ..... £8.50  
Tomato, mozzarella and fresh basil leaves.
- QUATTRO STAGIONI .....£10.95  
Tomato, mozzarella, piccante salami, roasted peppers, mushrooms, grilled artichokes and olives.
- NAPOLI..... £9.95  
Spicy southern italian salami, red onions, olives, rocket, tomato and mozzarella.
- MAMMA ROSSA.....£11.95  
Spicy pepperoni sausage, roasted red peppers, chilli, caramelised onion, garlic, fresh oregano, tomato and mozzarella.
- FUNGHI DI BOSCO..... £8.25  
Wild mushrooms, mozzarella, tomato.
- TROPICANA ..... £9.95  
Pineapple, prosciutto ham, wild mushrooms, mozzarella, tomato.
- MILANO ..... £9.95  
Traditional northern italian smoked mountain ham with Gorgonzola, tomato, mozzarella and rocket.
- LE SPECIALE DELLA CASA.....£10.95  
Tomato, mozzarella, chargrilled Neapolitan sausage, oven roasted baby artichokes, capers, sunblushed tomatoes, caramelised onions and fresh oregano.
- VEGETARIANA ..... £9.95  
Spinach, free-range egg, parmesan, marinated olives, mozzarella, tomato and mushrooms.
- AMERICANA.....£11.50  
Tomato, mozzarella, pepperoni sausage and chilli.
- PIZZA AL POLLO PANCETTA .....£12.50  
Tomato, mozzarella, spicy chicken, bacon and baby spinach.

## CALZONE

- CALZONE NUOVO .....£10.95  
Tomato, mozzarella, ham and salami.
- CALZONE DI PESCE .....£12.95  
Oak roasted salmon, mascarpone, spinach and mozzarella.



## PASTA E RISOTTI

SPAGHETTI MARINERE .....	£9.95
Mussels in a creamy white wine and garlic sauce.	
PENNE ROMA .....	£9.50
Freshly chopped tomato, onions and diced mozzarella cooked in olive oil, garlic, basil and a hint of tomato sauce.	
SPAGHETTI CARBONARA .....	£9.50
With bacon, egg, cream and parmesan cheese.	
SPAGHETTI ALLE VONGOLE VERACI .....	£10.95
Baby clams, tomato, garlic, parsley with white wine.	
SPAGHETTI GAMBERONI.....	£13.95
Prawns in prawn sauce with tomato, garlic and parsley.	
SPAGHETTINI AL RAGU.....	£9.75
Spaghettoni pasta served with a rich slowly braised minced beef, red wine, onion, tomato and herb ragu.	
SPAGHETTI CON POMODORO .....	£8.50
Spaghetti with a fresh tomato sauce made with cherry tomatoes, fresh basil leaves, garlic and extra virgin olive oil.	
LINGUINE ALLA PESCATORA .....	£13.50
Sautéed tiger prawns, squid, mussels and fresh clams in white wine, garlic, chilli and fresh tomato sauce.	
TAGLIATELLE MONTANARA .....	£10.95
Artichoke, black olives, tomato and mozzarella.	
PENNE CON SALMONE .....	£10.95
Oak roasted salmon, fresh broccoli and crushed chillies in a red pesto and cream sauce.	
RAVIOLO DI FUNGHI.....	£13.50
Wild forest mushroom ravioli in a parmesan cream sauce with fresh rocket.	
RISOTTO PES CATORA .....	£13.50
Traditional southern italian risotto with fresh squid, mussels, prawns and fresh Palourde clams. Finished with chilli, garlic and extra virgin olive oil.	
RAVIOLI CON PESTO E POMODORO .....	£12.95
Freshly made spinach and ricotta ravioli served with a tomato, garlic and pesto sauce.	
LASAGNE DI BOLOGNA .....	£9.55
Layers of baked pasta with bolognese, bechamel sauce and parmesan.	
LASAGNE VEGETARIANE.....	£9.50
Vegetable lasagne.	
CANNELLONI VEGETARIANE .....	£9.95
Fresh pasta, ricotta and spinach.	
PENNE ALLA PETTO DI POLLO.....	£11.95
Penne with chicken, broccoli and wild mushroom, in a cream sauce.	
SPAGHETTI ALLA POLPETTE .....	£9.95
Spaghetti with meatballs in a wild mushroom sauce.	
MELENZANE PARMIGIANA .....	£9.95
Baked layers of aubergine, tomato, mozzarella, parmesan and basil.	
RAVIOLI CAPESANTE E GAMBERI .....	£14.95
Large pasta discs generously filled with scallops, prawns, ricotta and marscapone cheeses and a touch of extra virgin olive oil.	

## SECONDI SPECIALITA

FILLET ROSSINI.....	£25.95
Prime fillet steak served on a crouton topped with pate, finished in a red wine sauce, served with cubetti potatoes and green beans.	
BISTECCA DI CONTRO FILLEITO .....	£21.50
Succulent 10oz sirloin steak grilled to your liking served with sauteed mushrooms, grilled tomato and house chips.	
COTOLETTE FANTASTICO .....	£15.95
A full rack of tender pork ribs marinated and seasoned with our special recipe basted with barbecue sauce served with house chips and coleslaw.	
MERLUZZO ATLANTICO .....	£16.95
Atlantic fillet of Cod with a herb crust. Chablis sauce, green beans, cubetti potatoes.	
VOGLIA DI MARE.....	£15.95
Salmon steak plain grilled served with parmesan shavings, asparagus and cubetti potatoes and pesto dressing.	
MUSSELS PROVENZALE .....	£12.95
Mussels in a tomato, garlic and white wine sauce.	
POLLO ALLA MILANESE.....	£13.95
Sautéed chicken in seasoned breadcrumbs with a tomato, garlic and basil sauce. Served with spaghetti or green beans and roasted cubetti potatoes.	
POLLO PARMIGIANO .....	£12.95
Chicken breast seasoned and grilled served on rocket leaves, tomato, avocado, wild mushrooms, parmesan and croutons tossed in honey mustard dressing.	
POLLO CON FUNGHI .....	£13.95
Chargrilled butterflied chicken breast with a creamy mushroom and marjoram sauce with garlic and rosemary cubetti potatoes.	
8oz Prime beef burger.....	£9.95
Served with cheese and gherkin, house chips in a ciabatta bun.	
NICOISE.....	£11.50
Tuna, anchovies, free-range egg, green beans, new potatoes, marinated olives, capers, croutons and mixed salad.	

## INSALATE / SIDE ORDERS

POMODORO E BASILICO .....	£3.50
Tomatoes, basil, red onion and olive salad.	
INSALATA VERDE .....	£3.50
Green salad.	
INSALATA MISTA .....	£3.50
Mixed salad.	
RUCOLA E PARMIGIANO.....	£3.50
Rocket and Parmesan salad.	
FRITTA .....	£3.50
House chips.	

**Service charge not included  
gratuity at your discretion**

P.T.O.

# NUOVO

## PRIVATE FUNCTIONS

Catered for in both  
restaurants

## BESPOKE MENUS

to suit occasion  
also

(private dining room)  
for 50 guests in  
South Woodford  
call to discuss your  
requirements

## CABARET

Last Friday of  
Every Month

Celebrate  
Birthdays  
Anniversaries  
Hen Partys  
etc.

Set 3 Course Menu  
Available  
(South Woodford Only)

Ask for a copy of our menu

[www.nuovorestaurant.co.uk](http://www.nuovorestaurant.co.uk)

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#### TIPPING POLICY

Here at Nuovo we believe that our friendly staff make for happy diners, which creates our unique atmosphere.

All tips go straight to our waiter/s.

The amount of tip you wish to leave is between you and your waiter/s and it is for them to ensure that they declare tips to H.M. Revenue and Customs for tax purposes.

Any credit card tip left will be subject to a small admin charge of 10% to cover the cost of tax policy. [We do not profit from this charge]